



Picture: Vivalpin

Segment 5: Lermooos - Seefeld

This ride across lovely Gaistal Valley, which is encircled by spectacular, rugged mountain walls to the south and to the north, is a true gem. There are not many trails that can equal the easy to intermediate riding and spectacular terrain and natural beauty. The view into picturesque Leutasch Valley is well worth the 600 meter uphill pedal. Beautiful panoramas of Western Plattspitze Mountain, Hochwand Wall and Tajaköpfe Peaks all add to the special charm of this idyllic and remote valley scenery.

Tourdescription

In Lermooos, follow the road towards Ehrwald/Garmisch-Partenkirchen. At the end of the village, turn onto the cycle path that runs eastwards across Ehrwald Basin towards Ehrwald. In Ehrwald, cross the village and pass by the church to get to the base of Ehrwalder Almbahn Gondola. Ride the gondola atop Ehrwalder Alm where a short climb

with a couple of switchbacks finishes above Igelsee Pond. The pond heralds the start of a long and stunning descent. At Kilometer 20, the downhill path turns onto a road that runs into Gaistal Valley. This is the start of the waymarked cycle path across Leutasch Valley. Ride this path past Weidachsee Lake until you reach Weidach. From there, the route runs to the south and climbs towards Seefeld in sweeping hairpins.

Details

- Distance: 40.1 km
- Start: Lermooos
- Finish: Seefeld
- Number of Lifts: 1
- Highest Elevation: 1,590 m
- Elevation Gain: 1,100 m
- Lift Assisted Elevation Gain: 500 m
- Elevation Gain by Bike: 600 m
- Difficulty: Easy to Intermediate

Tourist Board(s)

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