

Picture: Vivalpin

Segment 7: Fulpmes — Steinach am Brenner

A "mere" 560 meter vertical rise has to be mastered on this intermediate to expert rated segment. Two uphill facilities provide lift-serviced access to amazing vistas of Stubai Valley's spectacular mountain scenery and to gravity fed, adrenaline fuelled descending trails, taking you down to the village of Matrei. On your way down, take a well-deserved rest and visit the lovely Pilgrimage Church of Maria Waldrast.

Tourdescription

The route starts from Fulpmes, following small roads and paths to Neustift. Shortly before reaching the village of Neustift the route starts to climb, gaining 100 metres of height, before the trail weaves down to the village center with some tight hairpin turns. Cross the village to get to the base terminal of Elferbahn Gondola which you ride to the top, 1,800 meters above sea level. From the top terminal, ride the "black" graded trail down to Stubai Valley. In the valley, keep to its southern side and pedal towards Mieders. In Mieders, ride the 8-passenger gondola to

the top with your bike. From the top terminal, a very short descent deposits you at the foot of a climb, gaining another 100 metres of height. A final, fast and thrilling descent brings you down to Matrei. There, take the new cycle path that meanders across Wipptal Valley to Steinach, off the heavily trafficked Brenner Federal Road.

Details

- Distance: 41.3 km
- · Start: Fulpmes
- · Finish: Steinach am Brenner
- Number of Lifts: 2
- Highest Elevation: 1,799 m
- Elevation Gain: 1,980 m
- Lift Assisted Elevation Gain: 1,420 m
- Elevation Gain by Bike: 560 m
- Difficulty: Intermediate to Expert

Tourist Board(s)

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Contact Gondola Service(s)

Elfer Lifte Stubai

- t +43.5226.2270
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Serlesbahn Mieders

- t +43.5225.62776-0
- w www.serlesbahnen.at